



**Oklahoma FIT KIDS Coalition
Supports HB 1601**
(Rep. Jeff Hickman/ Sen. Clark Jolley)



Childhood Obesity has become a crisis in Oklahoma:

- 15% of Oklahoma teenagers are considered “severely overweight or obese” – a 300% increase in the past 20 years. (American Academy of Pediatrics)
- Only 37% of Oklahoma students are enrolled in P.E. – compared to 55.7% nationally (Youth Risk Behavior Survey 2004 Interim Report)
- 44.7% of Oklahoma kids spend an average of 2-3 hours watching TV or playing video games on an average school day, compared with 37.7% nationally. (National Survey of Children’s Health)

Oklahoma’s Response:

The Oklahoma Fit Kids Coalition has made tremendous strides in the last three legislative sessions to tackle the crisis of childhood obesity:

- 2004 - Created the Healthy and Fit Schools Committees (HB 1627)
- 2005 - Reinstated physical education in elementary schools (SB 312)
Eliminated access to junk food (SB 265)
- 2006 - Created the Farm to School Program (HB 2655)
Provided additional resources to schools (HB 1459)

Continued efforts in 2007: HB 1601 (Rep. Jeff Hickman)

The intent of SB 312 was to provide at least 60 minutes per week of physical education for students, yet some schools are allowing recess to count towards this requirement. **HB 1601** (Rep. Jeff Hickman) clarifies that the physical education requirement is in addition to recess. HB 1601 also calls for a Task Force to formulate recommendations concerning physical education for Oklahoma students.

Vote YES on HB 1601!

Oklahoma FIT KIDS Coalition
Facts on Childhood Obesity in Oklahoma
Issue: Physical Activity



Physical Activity						
Question	2003 Oklahoma Results		2005 Oklahoma Results		P-Value**	Difference***
	Percent	95% Confidence Interval	Percent	95% Confidence Interval		
Percentage of students who had participated in physical activity that made them sweat and breathe hard for 20 minutes or more on three or more of the past seven days	64.3	± 3.0	62.6	± 3.1	0.44	Decreased
Percentage of students who had not participated in any vigorous or moderate physical activity during the past seven days	8.3	± 1.5	12.3	± 2.0	<0.01	Increased
Percentage of students who watched three or more hours per day of TV on an average school day	36.7	± 4.3	38.8	± 3.6	0.46	Increased
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school	37.3	± 5.4	35.9	± 4.5	0.71	Decreased

Source: Centers for Disease Control and Prevention, Youth Risk Behavior Survey, Youth Online!